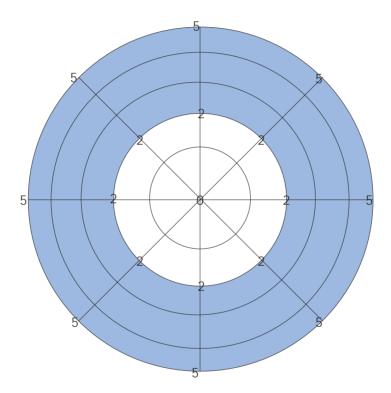




Wheel of Life Worksheet

- For instructions on the Wheel of Life, visit www.mindtools.com/rs/LifeWheel.
- For personal career or life strategy, visit <u>www.mindtools.com/rs/LifePlanWorkbook</u>.



| Things I will START doing to regain balance in my life | Things I will STOP doing, reprioritize or delegate |
|--|--|
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